



Hiraal Elite
Better Knees. Without Surgery.

ADVANCED KNEE CARE

Better Knees. Without Surgery.

PRP therapy · Shockwave · Class IV laser · Supervised physiotherapy



WHAT WE TREAT

- Mild-to-moderate knee pain & stiffness
- Early-to-moderate knee osteoarthritis
- Reduced mobility & daily-life limitations
- Patients seeking non-surgical options

VISIT US

Hiraal Elite · Division of Hiraal Clinic
Near Serene Sarovar Premiere
Hargeisa, Somaliland

T +252 63 8282 6666
E elite@hiraal.com
elite.hiraal.com

Saturday – Thursday 8:00 AM – 6:00 PM
Friday By appointment

Doctor assessment required. Treatment depends on your condition.



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THE 6 - WEEK PROGRAM

Seven coordinated phases over six weeks, all under one roof.

Orthopedic Consultation Full knee check & personal plan	01
PRP Injection 1 natural-healing injection	02
Shockwave Therapy 6 guided sessions	03
Class IV Laser Therapy 12 sessions	04
Physiotherapy 12 sessions	05
Home Exercise Program Personal 6-week routine	06
Weekly Check-ins 6 progress reviews	07

YOUR SIX WEEKS



No pocket on the back panel — trimmed away

WHAT TO EXPECT

Four treatments, chosen for your knee and sequenced by the doctor.

NATURAL HEALING

PRP Therapy
Uses a part of your own blood to support your body's natural healing.

PRECISION

Image-Guided Care
Modern imaging helps us treat the exact spot — we don't treat blindly.

COMFORT

Class IV Laser
Gentle light therapy that supports comfort and calms swelling.

ACTIVATION

Shockwave Therapy
Sound-wave energy that helps wake up tissue and improve movement.

WHO IT SUITS

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BOOK AN ASSESSMENT

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Your knee plan
Assessment · programme · progress



307 mm

BACK PANEL

FRONT PANEL

100 mm

POCKET

business-card slit, 22 mm



Outside — back, spine, front



Inside — programme, expectations, pocket

Production

- 350 gsm uncoated board, matt lamination outside only.
- Spine 6 mm — holds roughly 40 sheets of 120 gsm.
- Pocket 100 mm deep with a 22 mm business-card slit.
- Two spot colours plus the reverse-out cream.
- Score all folds before creasing; grain runs vertical.

What goes inside

- Letterhead — the assessment confirmation.
- The 6-week programme sheet.
- Consultation notes and any imaging report.
- A business card, in the slit.
- Appointment card for the next visit.